

Market Update: June 23, 2025



“Canadian Crown”

Gala Apples, Beets, Cabbage, Celery Root, Cucumber English, Mushrooms, Parsnips, Micro Sprouts, Bean Sprouts, Potatoes (Yukon, White, Russet), Asparagus, Garlic Scapes, Peppers (Red, Yellow, Orange, Green), local Strawberries, Rhubarb, Haven Greens (Spring Mix, Green Leaf, Green and red Leaf), Tomatoes (Grape, Mix medley, Cherry on Vine, Heirloom, Red Cluster, Hot house), Local Field Lettuce (Romaine, Red Leaf, Green Leaf), Zucchini (green, Yellow)

Apples

USA Gala, Red Delicious, Golden Delicious, and Granny smith are available

Local apples available: Gala, and Empire are all SPO

Pears

Bartlett are product of SA, Bosc and Anjou are special order

Melons

Cantaloupes and honeydews are product of the Tropics.

Watermelons are from USA

Grapes

Alert Red and Green Grapes are product of Mexico

Kiwi

Green and golden Kiwi product of New Zealand

Mangoes

Mangoes Product of Mexico, ataulfo Mangoes are SPO

Oranges

88 and 105 oranges are product of South Africa

Lemons

Product of South Africa Quality is excellent on both 115 and 30 count Lemons

Limes

Product of Mexico, both 48 and 230 count

Clementines

Product of S. Africa, 30lb, 15x2lb, 4lb Clementines are now finished for the season

Pineapple

Product of Costa Rica

Blackberries/ Raspberries/Blueberries/Strawberries

Blackberries, Raspberries are product of USA/Mexico

Blueberries are product of Morocco

Strawberries are product of California/Mexico, ***Local*** local strawberries SPO

Bananas

Product from Guatemala, Plantain (Green and yellow) are SPO

Stone fruit

Peaches, Apricots, Plums and Nectarines product of USA

Avocados

Product of Mexico, Both 12's and 48's are available

Good Buys for the Week!

Gala Apples

Pineapples

Lemons

Local Strawberries

Local Rhubarb

Local Peppers (Red, Yellow, Orange)

Local Haven Greens Spring mix

Local English Cucumbers

Local Asparagus

Local Grape Tomatoes

Broccoli

Broccoli 18s, Broccoli Crowns are product of USA / Mexico

Cauliflower

Product of USA

Cabbage

Local Red and Green Cabbage are now available Product of Canada, Savoy Cabbage is SPO

Eggplant

Eggplant product of USA/Mexico

Brussels Sprout

Product from USA/Mexico

Asparagus

Local Product of Ontario, 28lb case 281137

Beans

Green Beans are product of USA/Mexico, Local to start soon

Peppers

Local Red, Yellow and Orange 5kg Peppers are product of Canada, Green Bushel Peppers are Product of Ontario/USA

Bunches

Local Kale, Chards, Bunched Radishes, Collard, Dandelion

Celery

Product of USA, Local to Start Soon

Seedless Cucumbers

Local Greenhouse Ontario English cucumbers

Lettuce & Greens

Local Romaine, Romaine Hearts, Iceberg and Green Leaf lettuce product of Canada/USA, Local still limit Quantities

Processed Lettuce

Local Haven Greens Spring Mix, Green Leaf, and Red and Green Leaf mix. Taylor Farms is Product of Salinas

Hot House & Vine tomatoes

Local Product of Canada, Red Tomatoes on the Vine, and heirloom tomatoes are currently SPO

Tomatoes

Local Grape Tomatoes/ Mix Medley/Cherry on the vine Tomatoes are product of Ontario

Round Tomatoes are Product of USA, Roma Tomatoes Product of Mexico,

Onion/ Carrots

Red, Spanish, White, Sweet and cooking Onions are Product of USA, Green onions are Mexican

Carrots are product of Mexico, we also have available 2lb and 5lb carrots

Squash

Butternut, Acorn/Pepper, Spaghetti, Buttercup are product of Mexico

Corn

Corn is product of USA, Local to Start Soon

Zucchini

Local Green and yellow product of Canada

Potatoes

Canadian currently carrying Russets and Yukon Gold Potatoes, Mini "B" white and red Potatoes also available

